

## St Vincent De Paul Christmas Appeal 2022



Dear Parents

Below is a list of items that St Vincent De Paul have requested for the food hampers that will be distributed to families experiencing hardship. These food items will be collected at the beginning of Week 8 (28 November) by St Vincent De Paul volunteers. We ask that all food items are bought into school by no later than Friday 25 November.

It is important to remember that hampers must contain food items that have a long expiry date and are non-perishable. Please do not include any chocolate items, as St Vincent de Paul do not have refrigeration facilities.

With our generosity, we can help make Christmas a more memorable time for Western Australian families in need at this time.

Thank you and God Bless



### WHAT MAKES UP A FOOD HAMPER?

- Long life milk
- Long life juice
- Long life custard
- Milo, tea, coffee, sugar
- Ring pulled tinned fruit
- Spreads: honey, jam, vegemite
- Tomato sauce
- Pasta and pasta sauce
- Rice, noodles and cereals
- Christmas cake, fruit mince pies
- Biscuits
- Candy canes
- Bon bons, Christmas napkins\*