Dear Members of the St Paul’s Community

I hope that you all had a happy and a holy Easter and enjoyed some quality time with your families.

Interschool Swimming Carnival
The Interschool Swimming Carnival will be held next Monday 4 April at Challenge Stadium. We are very proud of our swimming team for their dedicated preparation for the carnival and appreciative of our PE teacher, Miss Loreta Kerse, and the parents who have been assisting the children with their early morning swimming training at Beatty Park. We wish our swimming squad the best of luck at the carnival!

Parent Teacher Interviews
The parent teacher Interviews will be held next week on Monday 4, Tuesday 5 and Wednesday Wed 6 April from 3.30-6.30pm. Please book a time slot on the parent teacher interview timetable outside your child’s classroom, or make an appointment with the teacher via email. Please keep to the 15 minute time limit. These meetings are an important opportunity for you to be updated on your child’s progress so far this year.

P&F Meeting
There will be a P&F Meeting at 9.00am on Friday 8 April, the last day of this term. As usual, everyone is warmly invited to attend, enjoy a cup of tea/coffee and contribute to the support of the school. We hope to see you there.

ANZAC Day
Once again, we have been invited by the Mt Lawley-Inglewood Sub-Branch of the RSL to send two representatives from our school to the ANZAC Day Service to be held at the Mt Lawley War Memorial during the holidays on Friday 25 April. We are very proud to be sending Caitlin Ryan and Alex Dowling to represent St Paul’s School and lay a wreath on our behalf. The service will start at 8.30am and all are welcome to attend.

Condolences
Our thoughts and prayers are with the Rowney family, Paul, Fiona, Oliver (Year 2) and his brothers (past pupils) on the recent loss of their grandfather. We hope that they are comforted by happy memories of time spent with him. May he rest in peace.

2017 Kindy Enrolments
In Term 2, we will be commencing the interviewing process for 2017 Kindy (4 Year olds) If you have a child already attending St Paul’s and you have not yet completed an application form for a younger sibling (turning 4 before June 2017), please register your interest at the office and complete an application form.

Please remember that it is the parents’ responsibility to inform the school when their younger children are ready to commence Kindy, as we do not automatically know this information. Places in the Kindy program are limited and it would be unfortunate if your child missed out on a place because you forgot to register them for enrolment in time.

Term Dates and Pupil Free Days
Term 2 will commence on Tuesday 26 April, following the ANZAC Day holiday.

Joanna Noonan
PRINCIPAL

ST PAUL'S PRIMARY SCHOOL
TEL: (08) 9271 8593 FAX: (08) 9370 3047 EMAIL: ADMIN@STPAULSMTL.WA.EDU.AU
NEWSLETTER TERM 1 WEEK 9 March 31 2016

PRINCIPAL’S PERSPECTIVE

ST PAUL'S PRIMARY SCHOOL

OUR VISION STATEMENT

He is Risen. Alleluia!

Lord, the resurrection of Your Son has given us new life and renewed hope. Help us to live as new people in pursuit of the Christian ideal. Grant us wisdom to know what we must do, the will to want to do it, the courage to undertake it, the perseverance to continue it, and the strength to complete it.

ST PAUL’S PRIMARY SCHOOL, MT LAWLEY - FROM DARKNESS INTO LIGHT - 1
PROJECT COMPASSION
A big thank you to all the St Paul’s Community for your generosity during Lent. If you have not yet returned the Project Compassion boxes that were sent home with the children at the start of Lent, we are still collecting them at the school office or you can hand them to your child’s teacher.

We are finalising all Project Compassion donations so please send them in as soon as possible.

PARISH / SCHOOL MASS “DIVINE MERCY”
This Sunday the Year 5 students and parents will be hosting the 9.30am Parish Mass. Please try to come along as it is inspiring and heart-warming to see the children playing such an active part in the liturgy. After Mass there will be an opportunity to meet other families at a morning tea prepared by the Year 5 parents.

FIRST COMMUNION PARENT/COMMUNICANT WORKSHOP TERM 2
In Week 2 Term 2 on Thursday 5 May at 6.30pm, the First Communion Workshop for Parents and communicants will be held. This will be in the Barbier Hall. It is of utmost importance that you attend this evening.

The following week on Thursday 12 May at 6.30pm, Father Tim will hold a meeting in the St Paul’s Church that parents only are expected to attend. Please be informed that if you do not attend these meetings, your child may not be eligible to receive the Sacrament. If you have not returned your application form please do so as soon as possible. You are also required to pay a $40 enrolment. Please this money in or bring the payment to one of the meetings.

UPCOMING EVENTS

**Sunday 3 April**  
Parish/School Mass “Divine Mercy” 9.30am (Year 5 Leading)

**Monday 4 April**  
Prayer Assembly 8.45am Year 5

**Tuesday 5 April**  
Class Prayer 9.00am Year 5

**Thursday 7 April**  
End of Term Mass (The Annunciation) 9.15am  
(Year 1-6) (Year 6 Leading)

**Sunday 1 May**  
Parish/School Mass 9:30am (Year 3 Leading)

Mac Callisto  
ASSISTANT PRINCIPAL

SURVEY REGARDING AFTER SCHOOL CARE
Since the closure last year of the Mulberry Tree After School Care service we have continued to investigate possible replacement providers. St Paul’s is currently in discussion with a new after school care provider, “Extend” (www.extend.com.au), about a possible commencement of after school care at the school. We feel confident that extend can provide the level of care that would be acceptable to families in our community. Before a final decision can be made, the next step is to conduct a parent survey. This survey will be conducted online and a link will be sent home to parents next week. Please consider your after school child care requirements and respond to the survey promptly. To determine if it is a viable proposition we will need to demonstrate that there will be sufficient numbers of children using the service.
Whole School Life Education Incursion
Students from Kindy to Year 6 are in the process of visiting the Life Education Van at school. These incursions are used as part of the Health programs across all year levels. Trained educators take the sessions and provide teachers and students with resources and information to help them make better choices across a range of areas. Check out the fun we’ve already had!
NUMERACY IN KINDY

In Kindy the children have been looking at shapes in our world and we have also had a go at drawing our own shapes and making things with shapes.

Did you know that a square has four sides and so does a rectangle?

We also learnt that the circle and oval are in the same family but they are different just like us!

Two triangles make a diamond!

Have a look at our work!
At the Swimming Carnival an error was made in the calculations for the Yr 3 Champion boy winner. We congratulate Aaron Hugo for being the Year 3 Champion Boy and Tyson Dang and Dante Crean for coming equal Runner up.

Our apologies for any inconvenience this may have caused.

See the adjusted results below:

Loretta Kerse
PE SPECIALIST

<table>
<thead>
<tr>
<th>Award</th>
<th>Recipients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 3 Runner Up Champion Boys for 2016...</td>
<td>Tyeson Dang &amp; Dante Crean</td>
</tr>
<tr>
<td>Year 3 Champion Boy for 2016...</td>
<td>Aaron Hugo</td>
</tr>
<tr>
<td>Year 3 Runner Up Champion Girls for 2016...</td>
<td>Annelise Lamers &amp; Kaitlyn Mannion</td>
</tr>
<tr>
<td>Year 3 Champion Girl for 2016...</td>
<td>Stella Gregory</td>
</tr>
<tr>
<td>Year 4 Runner Up Champion Boy for 2016...</td>
<td>Marcus Muccilli</td>
</tr>
<tr>
<td>Year 4 Champion Boy for 2016...</td>
<td>George Horton</td>
</tr>
<tr>
<td>Year 4 Runner Up Champion Girl for 2016...</td>
<td>Ruby Parker</td>
</tr>
<tr>
<td>Year 4 Champion Girl for 2016...</td>
<td>Lilly Fewster</td>
</tr>
<tr>
<td>Year 5 Runner Up Champion Boy for 2016...</td>
<td>Aidan Sack</td>
</tr>
<tr>
<td>Year 5 Champion Boy for 2016...</td>
<td>Ben Corney</td>
</tr>
<tr>
<td>Year 5 Runner Up Champion Girl for 2016...</td>
<td>Clare Baroni</td>
</tr>
<tr>
<td>Year 5 Champion Girl for 2016...</td>
<td>Ashleigh Hugo</td>
</tr>
<tr>
<td>Year 6 Runner Up Champion Boy for 2016...</td>
<td>Ronan McCormick</td>
</tr>
<tr>
<td>Year 6 Champion Boy for 2016...</td>
<td>Alexander Dowling</td>
</tr>
<tr>
<td>Year 6 Runner Up Champion Girl for 2016...</td>
<td>Isabella Mackin</td>
</tr>
<tr>
<td>Year 6 Champion Girl for 2016...</td>
<td>Sophie Gregory</td>
</tr>
</tbody>
</table>
GYMNASTICS PERFORMANCE

We love to run, play and skip all the way to school!

Now it is time to celebrate our gymnastics skills.

Please come and watch your child shine!

WEEK 10 during their physical education lesson

Tuesday 5th April or Wednesday 6th April

Please bring your cameras to take lots of happy snaps of your child’s performance.

Physical Education Times

Kindy- Tuesday 10-11am
Pre-primary- Tuesday/Wednesday 12:30-1pm
Year 1- Wednesday 10am-11am
Year 2- Wednesday 9am-10 am
Year 3- Wednesday 1.40-2.40 pm
Year 4- Tuesday 11:20-12:10pm
Year 5- Tuesday 11.20-12.20pm
Year 6- Tuesday 1.40-2.40pm

See you there!
Catholic Performing Arts Festival 2016

All children from Year 4 – 6 have received a Performing Art Note outlining important information pertaining to this year’s festival.

Entries are now being taken for the Catholic Performing Arts Festival for 2016. In order to enter the festival and obtain a username and password for your child, please return the form below, with your child’s details and your contact email address. You are asked to return this form by Friday 1 April. A username and password to access the online entry for your child will be emailed to you.

If you entered your child last year, please go to the website http://festival.catholicarts.wa.edu.au and log in using last year’s email address and password. If you cannot remember your password, enter your email address and a temporary password will be sent to you.

All entries must be completed online no later than Friday 29 April. This allows time for the school to screen, and electronically submit all forms by the closing date.

For further information please refer to the note that will be sent home with your child.

Natasha Flexman
PERFORMING ARTS CO ORDINATOR

<table>
<thead>
<tr>
<th>6pm Mass</th>
<th>8am Mass</th>
<th>9:30am Mass</th>
</tr>
</thead>
<tbody>
<tr>
<td>S Clare</td>
<td>M Yozzi</td>
<td>A Franchi</td>
</tr>
<tr>
<td>S Clare</td>
<td>N Yozzi</td>
<td>B Hayes</td>
</tr>
<tr>
<td></td>
<td>P Parker</td>
<td>E Cirillo</td>
</tr>
</tbody>
</table>
P & F NEWS

Easter Raffle and Donation to The Shopfront

Thank you so much to everyone for their generous donations to our Easter Raffle. We had so much fun drawing the raffle on Holy Thursday. It was a lovely way to head off to the Easter break.

Thanks to your generosity, we were able to donate a large basket of Easter goodies to The Shopfront in Maylands. We received a heartwarming letter from The Shopfront thanking us for our donation and for remembering the poor and homeless at Easter.

Our next event will be the Mother’s Day Stall in Term 2. Stay tuned for more details.

Next P&F Meeting

The next P&F meeting will be held on Friday, 8 April at 9am in the Barbier Hall. We would love to see you there.

Juliet Bruining
P&F PRESIDENT

COMMUNITY NEWS

Today, 49 women in Australia will find out they have breast or gynaecological cancer.

Kristy Parker is walking 60km next weekend to raise money for the Harry Perkins Institute of Medical Research, in the Weekend to End Women’s Cancer. She is aiming to raise $2000 and she has nearly reached this goal.

If you would like to donate to this great cause, you can click on the link below which will take you to her personal donation page:


KEYED UP MUSIC

Keyed Up Music will be running Guitar, Keyboard, Clarinet, Flute and Violin lessons next term at Saint Paul’s Primary School.

Lessons start from $15.95 plus GST per lesson for a group of 4.

To enrol, go to www.keyedupmusic.com.au/enrolment-form or ring Therese with any queries on 1300 366 243.
## St Paul’s Primary School Parent Calendar
### Term Two 2016
#### Mission Focus – Our Lady of the Missions

### Wk | Monday | Tuesday | Wednesday | Thursday | Friday | Sat/ Sun
--- | --- | --- | --- | --- | --- | ---
1 | 25 **APRIL** | 26 Students commence ANZAC Day Prayer Service 8:45am Yr 6 No class prayer | 27 | 28 No Mass | 29 | 30/1 Parish/School Mass 9.30am Yr 3
2 | 2 **MAY** | 3 Class Prayer 9:00 Yr 4 Cross Country Training 7:30-8:00am After School Winter Sports Training | 4 | 5 9.15 Mothers’ Day/ Opening Term Mass & Morning Tea Yr 6 Parent / Candidate Holy Communion Workshop 6:30pm Barbier Hall | 6 | 7/8 Ascension Day Mothers’ Day
3 | 9 NAPLAN | 10 NAPLAN (Y3 & 5) Class Prayer 9:00 Yr 2 Cross Country Training 7:30-8:00am After School Winter Sports Training | 11 NAPLAN (Y3 & 5) | 12 NAPLAN (Y3 & 5) Our Lady of Fatima Mass 9:15am (Y4-6) Yr 4 Holy Communion Parent Meeting 6:30pm (Church) | 13 | 14/15 PENTECOST
4 | 16 **JUNE** | 17 Class Prayer 9:00 Yr 3 ICAS Digital Technology Cross Country Training 7:30-8:00am After School Winter Sports Training | 18 Maths Olympiad Testing | 19 SCHOOL PHOTO DAY Mass 9:15am (Y4-6) Yr 5 | 20 SCHOOL PHOTO DAY Assembly – Yr 4 | 21/22 TRINITY SUNDAY Shaun Tan Competition
5 | 23 **JUL** | 24 Class Prayer 9:00 Yr 1 Cross Country Training 7:30-8:00am After School Winter Sports Training | 25 | 26 SORRY DAY May Crowning, Rosary & Benediction 9:15am (PP-6) Yr 5 | 27 | 28/29 CORPUS CHRISTI Parish/School Mass 9.30am Yr 4
6 | 30 **JUL** | 31 Class Prayer 9:00 Yr PP ICAS Science Cross Country Training 7:30-8:00am After School Winter Sports Training | 1 School Cross Country Carnival Y3-6 | 2 Sacred Heart of Jesus Mass 9:15am (Y4-6) Yr 4 | 3 Assembly – Yr 1 | 4/5
7 | 6 WA DAY HOLIDAY | 8 FMC Retreat (Reconciliation Yr 4) Maths Olympiad Testing | 9 Mass 9:15am (Y4-6) Yr 6 Dentist Screenings PP, Y3 & Y6 School Nurse | 10 Pirate Day | 11/12 FIRST HOLY COMMUNION 11.00am & 3.00pm Tim Winton Writing Competition
8 | 13 | 14 Class Prayer 9:00 Kindy ICAS Writing Cross Country Training 7:30-8:00am After School Winter Sports Training | 15 ICAS Spelling | 16 St Anthony of Padua Mass 9:15am (Y4-6) Yr 5 | 17 Assembly - PP | 18/19
9 | 20 | 21 Class Prayer 9:00 Yr 5 Cross Country Training 7:30-8:00am After School Winter Sports Training | 22 | 23 Nativity of John the Baptist Mass 9:15am (Y4-6) Yr 4 Interschool Cross Country Carnival | 24 Assembly - NAIDOC Week / Music Dads & Lads Y4-6 AFL Night 5:15pm | 25/26
10 | 27 **JUL** | 28 Class Prayer 9:00 Yr 6 Cross Country Training 7:30-8:30am Winter Sports Training 3-4pm | 29 | 30 Last day of Term St Paul’s Day Whole School Celebration – End of Term Mass 9.15am Yr 5 Reports go Online 4pm | 1 Catholic Day (Pupil Free Day) | 2/3
Online Flaming

So what is online flaming? Catherine Gerhardt gives us the lowdown plus practical tips for parents to recognise the signs and how to respond should your child be affected.

A friend of mine lives with avid teenage gamers, and she was horrified to discover recently the language and the insults that her children were exposed to while engaging in a popular online game with their friends.

Flame wars have become a major online annoyance. When people start a flame war they are deliberately trying to stir up trouble, start a fight and get a reaction. Flaming is all too common on multi-player gaming sites, chat rooms, message forums and social media sites.

Most parents are aware of the trolls that can exist out there in cyberspace, and flaming is one of the skill sets that cyber bullies are familiar with. Flamers and trolls use insults to make personal attacks and say offensive things about a person's individual character, their family or sexuality even though they may know very little about them.

Psychologists have termed the behaviour behind flaming, the "online disinhibition effect." It means that people behave with less restraint online, and feel powerful behind the computer screen. Experts say a number of factors contribute to online flaming: the apparent anonymity and invisibility of the Internet, the lag between sending a message and getting feedback, and the minimum authority that seems to exist in digital spaces.

As parents we often complain that we can’t keep up with the technology our kids are using, however many of us agree that we want to be their first point of call if things go wrong. Parents can be their child’s strongest asset in the line of defence against negative online experiences.

What parents can do:
Discuss with your children what they do online and who they communicate with – try your best to know which social media/gaming sites they are using. Know that they may have more than one account on any social media platform. One of my daughter’s friends has four Instagram accounts, each one carving out a unique social space.

Know passwords. ‘Youth may feel this is an invasion of their privacy’, however it is a key component of the responsibility that comes with the privilege of using the technology. In most cases parents have either supplied the device or pay the bills for usage – that means you have the responsibility and the right to control it. Mutual respect is required here, having password control does not give you permission to spy, and your child needs to know they are being monitored.

Let me tell you the story of another friend of mine who had been ‘monitoring’ her daughter online for several months. However, her daughter was not aware that every message and photo went through her mother’s device as well. When a problem did arise the parent was unsure how to deal with it – after all she had been ‘spyng’ and wasn’t sure how to broach the subject with her daughter without giving herself away.

It is much better to have that conversation when setting up accounts, and start as you intend to go on.
Start a conversation with your child about the importance of minimising the amount of personal information they give away. Many flammers prey on Internet users who seem vulnerable. If the flamer can find out any personal information about a target, then he or she will use it to cause that person additional distress. Some flammers seek out people who are enthusiastic about certain subjects, and they intentionally start arguments about any topic.

Watch for signs of change in your child’s behaviour. If you notice that your child is spending more time online than usual, changes his or her group of good friends, stops spending time with them altogether, or seems withdrawn or depressed and disinterested in activities that he or she used to love, then there may be cause for concern. Keep an eye out for those quiet introspective kids who have always enjoyed their own company, but no longer want to be alone, and do once again not want to leave your side as they seek comfort in your presence.

Evaluate internal feelings. This is the best way to tell if one is being flamed. Feelings of anger, aggression, revenge or low mood after reading the text will probably indicate a flaming message. When we feel the strong need to defend ourselves we are likely to react and respond to the text, thereby playing right into the flamer’s intent.

Encourage the message “Do Not Respond.” The best defence against a flaming comment is to ignore. Do not respond or engage in baiting messages. Once they respond, they have started a conversation. A capable flamer can be cool and composed at first, using kind words and connection to lure the unsuspecting person in. You and your child may not recognise flaming immediately, with many flammers waiting until they get the person to engage in conversation before they attack. Instead they need to walk away from the comment.

Know the strategies. The best way to deal with a flamer is to ignore. From the moment the flaming becomes apparent do not respond. Many websites and forums will have options which empower the user in flaming situations. Use the blocking feature which should be integrated into their practices, and report the behaviour to an online moderator or webmaster. It is also critical that the target exit the site so they are not exposing themselves to more online flaming, and of course, let a trusted adult know about their experience.

At its mildest, flaming is a one-time, name-calling incident. At its worst, it is a persistent and tenacious taunting that can lead a child to suicide. Not all cases of flaming lead to youth suicide, regardless of what the media portrays. Anyone can become the target or the aggressor, and anyone can stop it. There are many options for getting out of negative online experiences.

The Federal Government has recently launched the Office of the Children’s eSafety Commissioner. The Office provides Australians a range of up-to-date information and resources, coupled with a comprehensive complaints system to assist children who experience serious cyberbullying online. https://esafty.gov.au/

Catherine Gerhardt is a dedicated advocate of developing resilience and critical thinking skills in children and young people. Catherine has more than 20 years of expertise in Community Services, Health and Welfare and a background in Social Psychology. As a parent of school aged children, she understands the commitment and challenges parents face ensuring they provide the right information to young people in a way that empowers them to develop their personal and social capabilities.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at: parentingideas.com.au. You’ll be so glad you did.