Dear Members of the St Paul’s Community

Last week our Year 6 students enjoyed many wonderful experiences at their Leadership Camp at Bickley Outdoor Recreation Camp. They rose to the occasion and bravely tackled all the team building challenges with which they were presented, including the flying fox, climbing wall, canoeing, raft making, and orienteering. Our sincere thanks go to Mr Jesse Yock and Mrs Julia Waller for so generously giving of their time away from their families to supervise the children on the camp.

Music Assembly
Next Friday, Friday 11 March, Mr Dabbs will be holding a Music Assembly to showcase the talents of the music students. Everyone is welcome to come along and encourage our budding musicians.

First Aid Incursion
This week all students from Kindy to Year 6 participated in the St John Ambulance First Aid Incursion. We thank Stacey from the St John Ambulance who lead the groups and made the incursion very informative and interactive. The students learnt the importance of an emergency and knowing how to respond. Even the Kindy children had an opportunity to act out an emergency and demonstrate what they should do.

Public Holiday and Pupil Free Day
Next Monday 7 March is Labour Day and Tuesday 8 March is a staff PD/ pupil free day. Please remember to organise supervision for your children on these days.

Enjoy the long weekend!

Joanna Noonan
PRINCIPAL
International World Day of Prayer Friday 4 March

Tomorrow at St Paul’s Church, we will be joining other denominations to pray together. The theme this year is “Cuba”. After the service, there will be morning tea provided in the undercroft. All families and friends are invited to attend this special service as we all come together to pray with 170 other countries. Please join us for this special ecumenical service. Our Year 6 students will read during the service and we will also have the Liturgical Choir leading us in the singing.

Mission Day

A quick reminder that on Friday 11 March, is Mission Day. We ask that on the day, students come with small change that they can spend on the stalls. Below is the list of classes and stalls. Thank you in advanced for your support.

MISSION DAY STALLS

<table>
<thead>
<tr>
<th>YEAR LEVEL</th>
<th>STALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Primary</td>
<td>Lucky Dip Bags</td>
</tr>
<tr>
<td>Year 1</td>
<td>Cake Stall</td>
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<tr>
<td>Year 2</td>
<td>Crazy Hair Colour</td>
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<tr>
<td>Year 3</td>
<td>Ice-cream and Guess the Lolly Jar</td>
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<tr>
<td>Year 4</td>
<td>Bean Bag Throw &amp; Lolly Kebabs</td>
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<tr>
<td>Year 5</td>
<td>Pick a Popstick</td>
</tr>
<tr>
<td>Year 6 &amp; Kindy</td>
<td>Chocolate Crackles</td>
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</tbody>
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UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 4 March</td>
<td>International World Day of Prayer</td>
<td>10.00am</td>
<td>St Paul’s Church</td>
</tr>
<tr>
<td>Thursday 10 March</td>
<td>Communal Reconciliation</td>
<td>9.00am</td>
<td>Year 4-6</td>
</tr>
<tr>
<td>Friday 11 March</td>
<td>Mission Day St Paul’s School</td>
<td>11.00am</td>
<td>(PP-Yr6)</td>
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LENT

This week, we begin the second part of Lent. We ask more and more deeply to be with Jesus and be more like Jesus. Each day’s gospel will now be from the Gospel according to John. We grow in gratitude and grace as we experience more deeply that this is all “for me.”

Project Compassion This Week

Dominic (36) lives with his wife and four children in the Jiwaka Province of Papua New Guinea (PNG), where generational poverty has led to many challenges, including inequality, alcohol abuse and violence.

Dominic admits that he too faced some of these challenges. But when Caritas Australia and local partner, the Sisters of Notre Dame, established the Community Conversations program, he saw an opportunity to create change.

Mac Callisto & Jesse Yock

ASSISTANT PRINCIPALS
Today I was going to camp! It was our year 6 leadership camp which is aimed at increasing our leadership skills and get to know each other better. Our camp was at Bickley Outdoor Recreational Camp, designed at first to get students fit during WW2.

Our first activity was teambuilding. It was a handful of games and puzzles to complete using your whole body. My favourite was one called Maze. There were mats and you had to get across using the correct path. I liked this game because everyone participated very well and it took multiple tries to figure out the correct path.

Our second activity was raft making. We used empty containers and the IXT spider knot to hold down the wooden beams that went across the containers. It was lovely in the fresh water. When we hopped out it was freezing, but we had to take our PFDs off anyway.

After dinner we had a bonfire and we played a game of spotlight. The next day was our biggest. We had four activities. The first was rock climbing. This was so much fun.

Then we did the flying fox. This was a little bit scary because the platform was very high up, but on my second turn I was ready to go upside down.

After that we had lunch with Father Tim and Ms. Noonan. My favourite was next: Search and Rescue!

The story used to explain the activity was that there had been a plane crash nearby and all the cargo was scattered around the bush. You had to find the remnants using a map. Our teammates weren’t allowed to scream and yell like usual, they were only allowed to wave their arms.

Our last activity that day was canoeing. I went in a canoe with Meghann and it was really fun. We won the Bickley challenge which was a series of challenges all together and in the process Mr. Yock and Mohammad capsized because they both leaned out of their boat the same way at the same time.

That night was our Talent Show. Everyone had prepared something. I did a ukulele song with the girls and Mrs. Waller and a Cats speech by T.S. Elliot. I won the talent show!

When all activities were over, we had some free time that was spent cleaning up our dorm and packing up our bags. I grabbed ‘another’ piece of fruit when my mum arrived and I hopped into the car with Isabella and Mrs. Waller. Thankfully mum had the aircon on. It was a stinker that day. Camp was the best thing so far this year. We made many memories and had the best time together.

Sophie Gregory
YEAR FOUR EXCURSION TO FREMANTLE

On Tuesday the Year Four class went to Fremantle as part of their study of the early exploration and discovery of Australia by Europeans.

They visited the shipwreck gallery where they saw the remains of The Batavia and other ships that were wrecked along the Western Australian coast nearly 400 years ago.

They visited St Patrick’s Basilica to view the architecture and attend mass.

They finished up at Fremantle Prison where they learned about the early convict days as well as some of the unpleasant conditions of prison life.

They were lucky enough to be accompanied by five parents and had a wonderful day.

Mark Fitzpatrick
Year Four Teacher

Lilly: My favourite part was at Fremantle prison when the guy locked us in a room and turned the light off! It was also my favourite part when he showed us the church because it was the cleanest place.

I learnt that prisoners were used like slaves to build homes, shops and cities.

Nadia: My favourite part was when we went to the Shipwreck Museum. It was my favourite part because we got to do a treasure hunt and it was interesting.

I learnt that the people who went to prison were used liked slaves and that the Batavia sank in Geraldton.

Ciara: My favourite part of the excursion was the Prison because it was very interesting and it was fun when I got to go into one of the prison cells in the solitary.

I learnt a lot about the prison and the Batavia in the shipwreck Gallery. For example the prisoners built their own prison and had cockroach races.

It was the BEST excursion ever!

Eve: My favourite part of the excursion was going to Fremantle Prison because I liked when we got to go in the chokey.

When we went to Fremantle Prison, I learnt that there was a church inside and you can get married there as well.

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ST PAUL’S PRIMARY SCHOOL, MT LAWLEY - FROM DARKNESS INTO LIGHT - 4
Hi Everyone,
I have been wanting to do the Greatest Shave for a couple of years now and I have seen my Dad do it before. I think this is a really good cause and there are many people that need help and I believe that I can make a difference. I am very lucky to be healthy and if I can raise even the little amount of money, every little bit helps. Some people have said I will get bullied but it doesn’t worry me because I know it is for a good cause. I would love as much support as possible, thanks, Meg.

Today, 34 Australians will be given the devastating news that they have blood cancer, and they’ll turn to the Leukaemia Foundation for help. Please sponsor me and help support families and continue the urgent search for cures.

Getting sponsored to shave your hair is an extraordinary way to help people with leukaemia, lymphoma and myeloma, but I can’t do it alone.

Help me make the most of my hairy sacrifice. Sponsor me at least $28 today which can provide a cancer information pack to help a family prepare for the challenges ahead.
Meghann is affiliated with Bechtel Australia
View Bechtel Australia Page


ST. PAULS SCHOOL BAND 2016

A reminder that band rehearsals have started for the year again at 8am in the heritage hall every Thursday. I look forward to seeing you there.

Mr. Dabbs
SEQTA SCHOOL REPORT UPDATE

In 2016 we will be continuing with our online parent portal SEQTA Engage (previously known as Coneqt). This, in conjunction with our website and regular Newsletters, will allow us to provide you with a great way to keep in touch with what is happening with your child’s education.

SEQTA will be rolling out a generic way for schools to provide parents/ guardians with their usernames and passwords. This will be occur at the end of February.

For you to be able to have access to this online environment, it is important that we have your current email address in our Administration system. Please contact the front office immediately if we do not have it or it has been updated.

At the end of February, you will be allocated a new username and password, which you will be able to manage yourself from the SEQTA Engage log in screen. Any reports from last year will not be lost, just reallocated to this account.

As a school we look forward to entering this new phase of 21st century communication with our families.

PLEASE SEE NEXT PAGE FOR FURTHER INFORMATION
SEQTA Engage - New Parent Portal for accessing student reports

St Paul’s is now able to provision accounts for parents/guardians if they have an email account in our SEQTA database (on file at school). Provisioning an account sends an email to the individual with a special **one-time URL** which allows them to set up their username and password. This is what you will see:

For first time users who need to set up an account they will receive an email as below and will have one week to act on it. These emails will be sent out by 2pm on Thursday 3 March. This means parents will have **until Thursday 10 March** to access the URL and set up their new account. Please contact Administration immediately if you do not have a current email address on the school file.

After clicking on the link it will take you to the following page where you can set up your account.

If at any stage in the future we have to re-provision an account for an active user they will receive the following type of email and will have **one hour** to act on it.

Once your SEQTA Engage Account is set up you will have access to all your child’s past reports. It will also eliminate any issues with split families as both parents can set up their own separate logins (provided the school has both email addresses on file).

Please keep your newly created login and password in a safe place. However should you forget this there is now a “reset my password” option as described above. As a school we look forward to entering this new phase of 21st century communication with our families.
We have been focusing on indigenous studies this term, including Dreamtime stories and artwork. You may have seen the hand print paintings on the windows of the Library with a sign saying Welcome to the St Paul's Community in the traditional language of the area, Whadjuk which is a dialect of the Noongar language. This is our display of the members of the St Paul's Community, and I invite parents, grandparents, aunts and uncles to come to the Library before school and add their hand prints to signify their membership in our St Paul’s Community.

Chess Club

Chess club has commenced for the year and is held in the Library at lunchtime each Wednesday. We already have 36 eager players. For those students wishing to be part of the Chess Club, please come along next week and join in the fun with Mr Bryson.

The Great Picture Book Challenge

Back by popular demand, the Great Picture Book Challenge is on again. Get your creative brain into gear and create an amazing picture book. Remember, your story must be original and all your own work. You can either use original drawings or photographs that you have taken in your story. Remember to include all the important things that make up a great picture book:

- An exciting cover including the author and illustrator's name (that's you!)
- The publisher’s page (that’s you!)
- A back cover with a blurb
- Some great pictures or photos that you drew or took yourself

An exciting, amazing, wonderful, funny, sad story full of adventures, mayhem and mischief!

I can't wait to read all of the amazing stories. Lots of prizes to be won! Get your entries in by Thursday 24th March. No late entries will be accepted.

Shelley Antoni

LIBRARY
Parent Information Evening

Year 5 & Year 6 - Becoming a Man / Becoming a Woman

It is essential that the Church adequately explains and promotes the truth about human sexuality and relationships in the classroom. This formation begins in the early years helping children to develop a healthy understanding about their own sexuality, bodies and relationships.

Parents of Year 5 & 6 children have the opportunity to preview the presentations that their children will receive at school at a Parent Information Evening. This event will be held on Wednesday March 16 from 6:00-7:30pm in the Barbier Hall.

Catholic Marriage and Fertility Services run interactive, educational workshops with parents prior to working with your children in the classroom. We are committed to supporting you in your role as the primary educators of your children. On the night you will have the opportunity to preview our programs so that you are familiar with the language, content and underlying Catholic teaching regarding sexuality. You also have the opportunity to ask questions, express concerns and to share ideas on resources that are helpful for continuing discussions at home with your children. These programs have been developed specifically to fit into the religious education curriculum.

Information flyers and student permission slips went home today with children in Years 5 & 6. Parents who are interested in attending are asked to detach the response slip and send it back to your child’s class teacher by Monday 14 March. While the program session is aimed at parents with students in Year 5 & 6 we encourage any interested parents from other year levels to attend for their own information. Additional Parent Information Evening Flyers and response slips can be obtained from the office.

PARISH NEWS

ST PAUL’S PARISH ALTAR SERVER ROSTER
5 & 6 MARCH 2016

<table>
<thead>
<tr>
<th>6pm Mass</th>
<th>8am Mass</th>
<th>9:30am Mass</th>
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<tbody>
<tr>
<td>N Cirillo</td>
<td>J Brennan</td>
<td>A Munro</td>
</tr>
<tr>
<td>S Cirillo</td>
<td>L Brennan</td>
<td>B Hayes</td>
</tr>
<tr>
<td>E Cirillo</td>
<td>M Townsend</td>
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<tr>
<td>Wk</td>
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<tr>
<td>25</td>
<td>26 Australia Day Holiday</td>
<td>27 Staff Induction / Faith Story &amp; Witness Day</td>
</tr>
</tbody>
</table>
| 1  | 1 Students commence (PK – Y6)  
Prayer Assembly – Yr 6 | 2  
9 Shrove Tuesday | 3  
Yr 4 Parent Information Session  
5:00-7:00pm in Barbier Hall  
1:1 Macbook Set Up | 4  
Kindy Info Night 6:00pm | 5  
P & F Welcoming Night  
5.00pm-8.00pm | 6/7   |
| 2  | 8 Prayer Assembly - Yr 5  
Kindy Info Night 6:00pm | 9 Shrove Tuesday  
Mass 9:15am (Y4 & 5)  
Y4 | 10  
ASH WEDNESDAY  
10:00 Opening Whole School Mass & Distribution of Ashes  
(Y1-6)  
Y6 | 11  
No Mass  
All Sacraments Parent Meeting 6.30pm  
St Paul’s Church | 12  
Assembly – Yr 6 | 13/14  
Valentine’s Day  
Sarmental Commitment Masses | 20/21   |
| 3  | 15 Prayer Assembly – Yr 4  
Junior Primary Hokey Incursion Y1-3 | 16  
Prayer Assembly – Yr 3  
Parent Information Night 6:30pm (PP-Y6) | 17  
No Mass  
First Aid Focus Incursion | 18  
Mass 9:15am (Yr 4-6)  
Y5 | 19  
P&F Meeting in Barbier Hall  
9.30am | 5/6   |
| 4  | 22 Prayer Assembly - Yr 3  
G&T TOLA Testing | 23  
Class Prayer 9:00 – Yr 2  
Board Meeting 6.30pm | 24  
Year 6 Camp | 25  
Year 6 Camp  
Mass 9:15am (Y4 & 5)  
Y4 | 26  
Year 6 Camp  
Assembly –Yr 5 | 27/28   |
| 5  | 29 Prayer Assembly - Yr 2 | 30  
Prayer Assembly – Yr 1 | 31  
Class Prayer 9:00 – Yr 1  
First Aid Focus Incursion | 32  
No Mass  
First Aid Focus Incursion | 33  
10:00am Mass  
World Day of Prayer  
“Cuba” (Y4-6)  
Y6 | 5/6   |
| 6  | 7 LABOUR DAY HOLIDAY | 8  
PUPIL FREE DAY | 9  
Communal Reconciliation  
(Yr 4-6)  
9:15am | 10  
P&F Meeting in Barbier Hall  
9.30am  
MISSION DAY | 11  
Assembly – Music  
P&F Meeting in Barbier Hall  
9.30am (TBC)  
Y3 | 12/13   |
| 7  | 14 Prayer Assembly – Yr 1 | 15  
Class Prayer 9:00 – Yr 6 | 16  
School Swimming Carnival  
Belmont Oasis Y3-6 | 17  
ST PATRICK’S DAY  
Opera’s Got Talent Incursion  
9.15 Mass (Yr4-6)  
Y5 | 18  
Parish/School Mass  
9.30am (Yr 6)  
MISSION DAY | 19/20  
PALM SUNDAY  
Parish/School Mass  
9.30am  
Divine Mercy  
Yr 5 | 21/22   |
| 8  | 21 HARMONY DAY  
Prayer Assembly - Yr 6  
Catholic Marriage & Fertility Services Incursion (Yr 5 & 6) | 22  
Holy Week Reflection  
Palm Sunday 8.45am (Yr 1 & 2)  
Board Meeting 6.30pm | 23  
Holy Week Reflection  
HOLY THURSDAY 8.45am (Yr 3 & 4)  
Board Meeting 6.30pm | 24  
HOLY THURSDAY  
Stations of the Cross & Benediction 9.15am  
(Yr1-6) | 25  
GOOD FRIDAY | 26/27   |
| 9  | 28 EASTER MONDAY  
Public Holiday | 29 EASTER TUESDAY  
Pupil Free Day | 30  
Parent Teacher Interviews  
3:30-6:30pm | 31  
Mass 9:15am (Y4-6)  
Y4 | 1  
Assembly –Yr 3 | 2/3  
Parish/School Mass  
9.30am  
Divine Mercy  
Yr 5 | 9/10   |
| 10 | 4 Prayer Assembly – Yr 5  
Interschool Swimming Carnival  
Parent Teacher Interviews  
3:30-6:30pm | 5  
Class Prayer 9:00 – Yr 5  
Parent Teacher Interviews  
3:30-6:30pm | 6  
Parent Teacher Interviews  
3:30-6:30pm | 7  
The Annunciation  
9:15 End of Term Mass (Y1-6)  
Y6 | 8  
Last day of term  
P&F Meeting in Barbier Hall  
9.30am (TBC) | 5/10   |
LENT at St Paul’s

TUESDAYS - 7.30 to 9pm
Bible Study - Old Testament Lessons for New Testament Living

WEDNESDAYS - 6.15 to 8pm
Adoration - Silent prayer / confession available / Chaplet of Divine Mercy / Simple Benediction

THURSDAYS - 7.30 to 9pm
Catechism / RCIA - What Do Catholics Believe?
(for inquirers and members - all welcome)

FRIDAYS - 6.15pm (after 5.45pm Mass)
Stations of the Cross & Benediction

Mass every weekday evening at 5.45pm
OLD TESTAMENT LESSONS for NEW TESTAMENT LIVING

We will read selected passages from the Old Testament, and then view portions of films that dramatise those passages, before discussing the ethical and personal issues that the scriptures portray.

We will focus on five major Old Testament figures and the real-life situations they faced:

Jacob: cheating * payback * true love * family reconciliation
Joseph: favouritism * sibling rivalry * pride * forgiveness
David: talent * lust * betrayal * questioning God * humility
Solomon: wisdom * infatuation * depression * making choices
Esther: beauty * prejudice * desperation * faith * self-surrender

Please bring your own Bible!

Tuesdays of Lent - 7.30 to 9.00pm
St Paul’s Church Undercroft / 106 Rookwood Street / Menora
We will view portions of this acclaimed new video series and examine corresponding paragraphs from The Catechism of the Catholic Church as we discuss basic elements of the Faith:

- The Journey of Faith / Who is Jesus?
- The Seven Sacraments
- The Eucharist / A Walk through the Mass
- Why Do We Need the Church?
- Mary and the Saints / The Last Things

All are welcome to these sessions: Catholics wanting to learn more about the Faith, non-Catholics seeking information, and non-Catholics who are interested in joining the Catholic Church.
170 Years of Quality Education

Mercedes College celebrates 170 Years of quality education in the Mercy tradition.

To register please go to:
www.mercedes.wa.edu.au/openday

OPEN DAY
14 March (Mon)
9.30 – 11.30am

Mercedes College

T: 9323 1323 • www.mercedes.wa.edu.au
A Ministry of Mercy Education Ltd
Social skills for children

Children who are able to form friendships when they start school are happier at school and also learn better.

More significantly, positive friendships have long-term implications for social and indirectly academic success.

Friendships skills are generally developmental, but they don’t develop in isolation. Kids acquire these skills when they play with their siblings and interact with children and adults outside their family.

Today’s children grow up with fewer siblings, fewer opportunities for unstructured play and less freedom to explore friendships than children of even ten years ago.

Parents can help kids develop important social competencies by teaching them sociable behaviours at home, being good role models and providing opportunities for kids to play with each other in a variety of situations.

Here are 7 important social skills to help children to develop:

1. **Ask for what you want**
   Help children ask for what they want. It means they don’t throw tantrums, whinge, and sulk or expect parents to guess what’s on their minds. While we need to be patient with toddlers, we need also to give older children the chance and opportunity to ask for what they want. Sometimes we need to ignore shrugs and grunts and expect them to articulate their wishes. This is the basis of civil behaviour, as well as a basic human skill.

2. **Good manners**
   Teach kids good manners, in particular the three power words: These words are very persuasive because they have a way of breaking down barriers and people’s defences. These three words are: your name; please; thanks. These terms are the basis of good manners, and, when used, will increase the likelihood of getting what you want.

3. **Sharing**
   Sharing is a basic social skill. Developmentally, very young children like to keep their possessions themselves. As they get older and move into Pre School and beyond the notion of sharing becomes a pre-requisite for playing with and forming relationships with others. Other children like to play and be with those who share their time, possessions and space with them. Sharing is the start of empathy as it shows sensitivity to other people’s feelings.

4. **Holding a conversation**
   Holding conversations with others is a lifetime friendship skill. Conversations require self-disclosure, which can be challenging for some children. Good conversationalists give of themselves, but also take an interest in the person they are talking to. Many children forget that good conversations are two-way events, and tend to focus solely on themselves.

   Children within conversations need to learn to ask good or interesting questions; to take turns when speaking and to show you are listening by making eye contact and not interrupting.

5. **Winning and losing well**
   Kids need to learn to win without rubbing others noses in it, and lose gracefully without throwing tantrums and making excuses.

**more on page 2**
... Social skills for children ...

Wanting to win is natural, but they need to do so in a way that they maintain a relationship with other players so they will play again. Losing may make kids feel bad, but kids need to control their negative feelings so that others will play with them again.

6 Approaching and joining a group
The ability to approach strangers in social situations is a valuable skill that opens up many doors, both friendship-wise and business-wise. These skills can be learned and practised during childhood, so that it becomes second nature in adulthood.

7 Handling fights and disagreements
Disagreements happen in families and among friends. The key is to make sure disagreements don’t lead to the breakdown of friendships. It’s important to get across to kids that having an argument or disagreement doesn’t mean that a friendship is over. Strong friendships, like strong family relationships, withstand disagreements. In fact, they only serve to strengthen friendships.

The results of a number of studies indicate that children can be taught friendship skills. The strategies are simple and revolve around teaching children a range of friendly behaviours such as: talking with others while playing, showing an interest in others, smiling, offering help and encouragement when needed, a willingness to share and learning how to enter a game or social situation.

As parents we often focus on the development of children’s academic skills and quite easily neglect the development of important social skills, which contribute so much to children’s happiness and wellbeing.

Michael Grose

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

parentingideas.com.au
WEETBIX KIDS TRIATHLON

Perth – Sunday 10 April 2016
Enticer discount ends 27 March
register now

Event Details

Our seventh event for 2016 takes us to the west side of the country at Langley Park. TRYathletes begin the course with a swim in the Swan River before cycling along the shoreline and running the marked out course in sunny Langley Park. Be sure to register now so you don’t miss out!

**Date:** Sunday, 10 April 2016

**Location:** Langley Park

**Age Requirements:** 7yrs to 15yrs inclusive

**On-the-day Prizes:** Trek bikes, Bontrager helmets, Arena prize packs & Asics footwear vouchers

**Prize Eligibility:** Participants must be registered by midnight 3 April 2016 to be eligible to win on-the-day prizes.

**Rego Closing Date:** Sunday, 3 April 2016

**Other Discounts:** Bupa Australia members

**Approximate Distances (Age 7-10):** Swim 75m, Cycle 3km, Run 500m

**Approximate Distances (Age 11-15):** Swim 150m, Cycle 6km, Run 1km

**Event Kit Collection:** Friday 8 April 2016 11:00am until 5:00pm